



# Speak Up, Epping! Newsletter

Volume 11, Issue 6

Epping, New Hampshire

November-December, 2018

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## "A Christmas Carol" at the Epping Community Theater

The Epping Community Theater is proud to announce our inaugural production of Charles Dicken's "A Christmas Carol" at the Epping Playhouse! We are so proud to have Steve Koch returning to Epping to play Scrooge as well as directing his own original adaptation of this classic Dicken's tale. New and seasoned veterans of the show will be surprised and entertained by our revised version of this heartfelt classic.

The play takes place on Christmas Eve and follows a heartless miser who has no patience for

those who are merry at Christmas. Although surrounded by good, caring people, he is blind to their struggles and judges those less fortunate than he. When questioned about the poor and ill of health he answers "If they are dying they better get on with it then and decrease the surplus population." What would it take to make this awful, self-centered man see and experience the magic of Christmas? His old business partner, a crippled boy, or three ghosts that haunt his room that night. Although set in the mid 1800's, you will meet timely characters dealing with all too common struggles.

Bring your whole family and say "bah humbug!" to those that put down the people that struggle while keeping hope in their hearts, and allow the spirit of the holidays to bring you kindness and joy.

Performance dates are; Friday and Saturday at 7:30 pm and Sunday matinee at 2:00 pm. "Tis the season" may not be on our tongues yet, but tickets may sell out, plan your holidays now and buy your seats online at <https://eppingtheater.ticketleap.com>. You may find more information on our Facebook page <https://www.facebook.com/EppingTheater/> or on our website <http://www.eppingtheater.org/>. Performances will be held at the Epping Playhouse on 38c Ladd's Lane, Epping.

*Brian Miskinis, President, Board of Directors*

## Leddy Center Presents \$10,000 for Leddy Scholarship

After serving our community for 43 years with 157 major productions and an ongoing Leddy Center School for the Performing Arts that provided education in musical theater, drama, dance, and musical instruction for instruments and voice, Leddy Center for the Performing Arts founders, Elaine and Bruce Gatchell, have retired. In the spirit of love and commitment that Elaine and Bruce have demonstrated to the town of Epping and to the Epping Schools for over 50 years, it is the pleasure

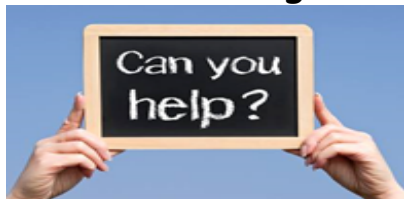
of the Board of Directors to gift \$10,000, as part of our dispersal of assets, to the Epping School District for the purpose of awarding a \$1,000. annual scholarship to the Epping School District, hereafter referred to as "Leddy Center for the Performing Arts Scholarship" for the next 10 years.

Leddy Center for the Performing Arts Scholarship is to be awarded to a graduating senior who will be pursuing a performing arts education in music, dance, or acting. The Board of Directors and Executive Director Elaine Gatchell request that the best qualified student be determined annually by Epping High School educators. Pictured is Executive Director and founder of Leddy Center, Elaine Gatchell, presenting a check for \$10,000. to Valerie McKenney, Superintendent of Epping Schools and Bonnie Sundstrom, Business Administrator of Epping Schools.



*Brian Ernest, Principal of Epping High School, Elaine Gatchell, Executive Director Leddy Center for the Performing Arts, Valerie McKenney, Superintendent of Schools, Bonnie Sundstrom, Business Administrator of Epping Schools*

## End 68 Hours of Hunger - Epping



Our Epping program is into the swing of the school year, feeding 20 students a weekend. We have a great team of packing volunteers but are looking for volunteers to help us plan food drives. Please email, look us up on Facebook for email if interested.

We want to give a big THANK YOU to The Volunteers of Hope Worldwide-Granite State Chapter, to all who volunteered with the loading and unloading of the food and of course to Walmart in Epping. We are so grateful for all of you. With the generosity of our community we raised \$3,000 in food donations for our Epping program. It was a successful drive!

Our next food drive will be held during the EYAA Basketball season in November. More fundraisers will be scheduled. Thank you in advance for any donations.

We continue to have drop boxes for food donation at the Town Library and at Bodywise Physical Therapy. We are always in need of soup, canned pasta, canned meats, oatmeal, mayonnaise and box pasta. Other items we give out are jelly, Mac and cheese, cereal bars, hot chocolate and snacks.

It takes a village and we are always thankful for the Epping community support.

Please reach out to us for more information at [Eppingnh@end68hoursofhunger.org](mailto:Eppingnh@end68hoursofhunger.org).

*Karen Poplaski, Coordinator*

## Senior Moments

We seniors lucked out with great weather for our annual-- Apple Picking - Apple pie - Ice cream-- Day. The wagon ride through the orchard gets rougher each year but our anticipation for dessert gets bigger, so we endure. We worried about leaving all those perfectly good apples that we accidentally dropped to the ground. A deer's paradise I'd say.

Another annual event went off great but with a few sore backs. We met our challenge at the Rockingham Nutrition Program Day-Of-Caring in Plaistow. Our hands were moving faster than our small talk as we attacked our task of handling an estimated 20,000 labels, pamphlets and envelopes. On the reward side, we enjoyed a nutritional lunch (including spinach) and fun prizes. Here's a tip--look for a long blue envelope in your mailbox soon.

Starting early is a perquisite for senior citizens. So the plans for our annual Christmas Party are done. There will be a change in the menu which should be delicious as all of Misty Glines's buffet's promise. There will be the usual gift exchange but this year the members are in for an unusual surprise. You'll read about it in our next

issue and never guess what it might be. Entertainment will be by our own member Chris Tardiff, a trained vocalist. Christmas songs by Chris – there's no better way to complete our day.

Traditions are normal for seniors - right? So, back to Loudon Raceway to view the Christmas lights. Like so many things we often see, some will appear to be the first time even though they're not, but there are always new displays to enjoy. This is a definite "must see" for everyone. Of course, our first stop at the 99 Restaurant is a given.

Soon we'll join other groups in sorting and packing Christmas gifts for the children of Epping. I wish I could include a photo to show the hundreds of clothes and toys that will be received from our local merchants and community members. It is amazing! They really care and the kids really appreciate it. We'll leave a busy day with the good warm feeling of Christmas. Thank you, everyone.

A recent program was provided by a representative from AARP. Just like everyone else, we are plagued by the annoying phone calls. This lady had some useful tips about those calls. I added my own idea. If a real person calls after 9:00 pm – well, I purchased a whistle. She also armed us with some good tools to handle other frauds and scams that could cost us not only money but the loss of our identity. Unfortunately some of this valuable information came a little late for some but we can safely say it will never happen again. We realize that it will only get worse for us senior citizens who seem to be their favorite targets. I received a warning call regarding my grandson's peril – I don't have a grandson.

If the tide is right and the time convenient, we'll be back behind the tall glass windows at the Seaglass Restaurant in Salisbury, watching the waves splash at us while we enjoy a nice lunch by the fire. That place is decorated so beautifully at Christmas time - check it out.

Took a survey of the senior women in the club (correction: "ladies") and learned this: a bedside table used to hold nail cream, perfumed lotion and lip balm. Now it has prescription meds, antacid and sore-muscle cream on there.

Every member of the Epping Watson Academy Senior Citizens Club extends to every member of our wonderful community - A Very Merry Christmas and Healthy New Year!

News Flash-----Next Year (2019) Will Be Our 20<sup>th</sup> Anniversary!

*Irene R. Cote, Secretary*

## News From the Town

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

### Town Hall Closed

**November 12<sup>th</sup> – Veteran's Day**

**November 22<sup>nd</sup>, 23<sup>rd</sup> – Thanksgiving**

**December 25<sup>th</sup>, 24<sup>th</sup> – Christmas Holiday**

### Town dates

**November 4<sup>th</sup> - Daylight Savings ends**

**November 6<sup>th</sup> – General Election – Vote!!!**

**November 25<sup>th</sup> – Tree Lighting 3:30-5:00 pm**

**December ? – Taxes due - date TBD**

## Epping Tree Lighting

The Tree Lighting will be held from 3:30 to 5:00 pm on **Sunday, November 25<sup>th</sup>**.

Toy donations for needy families will be collected. There will be a tree with snowmen on it for people who want to purchase a special toy for Epping kids in need to return later to the Town Hall or the Fire Department.

## Election Day November 6<sup>th</sup> – Vote!!!

Tuesday **November 6, 2018** is our national election day and voting will be at the Epping Middle School Gymnasium from 8:00 am to 7:00 pm.

You may register to vote at the polls on Election Day.

In order to vote:

1. You must be 18 years of age, a US citizen and a resident of Epping.
2. You must provide ID – a driver's license, non-driver's ID, passport or birth certificate.
3. You must provide documentation of your domicile. This can be on your driver's license, car registration, a utility bill or a lease agreement.
4. To prove citizenship you can provide a birth certificate, passport or naturalization papers. If these are not available you will be asked to complete an affidavit.

If you are unable to vote on this day, you can either contact the Epping Town Clerk or stop by the Town Clerk's Office and complete an Absentee Ballot Request. After completing the request form, you will either be handed your ballot or one will be mailed to you.

## Town Hall Staff Supports Liberty House

The Epping Town Hall Staff supports the Liberty House in Manchester. Liberty House helps



Veterans transition into jobs and homes. They are in need of mostly men's shoes at the moment. If you have any shoes you don't wear and would like to donate them, please drop them off in the Town Hall.

Also, the 2<sup>nd</sup> annual Christmas Tree filled with scarves, mittens and gloves will be in the lobby of the Town Hall. Everyone can help decorate the tree and after the holiday everything will be brought to the Liberty House.

### **Is your family in need this holiday season..?**

Please contact Rockingham Community Action at (603) 895-2303 to be placed on a list with the needs of your family. Please be as specific as possible with gift suggestions (Ages 0-15). You are encouraged to submit applications by **November 25<sup>th</sup>**.

### **Would you like to donate or volunteer?**

#### **Donations:**

The Epping Firemen's Association will continue to accept NEW TOYS and MONETARY donations at the Epping Fire Department until **December 12<sup>th</sup>**. If you plan to write a check for a donation, please make it payable to Epping Firemen's Association and put Toy Drive in the memo section. PLEASE DO NOT MAKE CHECKS OUT TO THE EPPING FIRE DEPARTMENT OR TOWN OF EPPING.

The schools will be taking up a collection of wrapping paper, tape and bows to be passed out with the gifts at distribution for families. There will be donations boxes located at all three schools and Watson Academy!

#### **Volunteers:**

A committee has been formed to address the needs of families in need here in Epping at Christmas. Please feel free to contact the Recreation Dept. at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or Epping Firemen's Association President, Tim Labonte, at [tlabonte@gmail.com](mailto:tlabonte@gmail.com) if you are interested in helping out!

### **Mark Your Calendars!**

Community Action is currently accepting applications. Early registration is strongly encouraged!

Pick up a Snowman at Walmart or Town Hall starting **November 21<sup>st</sup>**.

Epping Firemen's Association Toy Drive at Walmart **November 24<sup>th</sup> – 25<sup>th</sup>**

## **In and Around Epping**

The Urgent Care building next to Cumberland Farms has begun construction. They will hopefully be open before the end of the year. The Blue Bird Storage building next to Telly's is making great progress and they hope to open late winter/early spring. The small building in front of Pine and Pond next to The Haven will soon be home to a golf cart and side-by-side business. The Planning Board is currently reviewing a 55+ community off Fogg Road. Also, the Planning Board will begin to review potential changes to the Town's Zoning Ordinance in their next few meetings.

*Submitted by Brittany Howard*

## **Cell Phones for Our Troops**

### **Donate your old cell phone.**

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## **The Pease Greeters Need Our Help!**

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks. The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).





## Epping Lions Club

"We Serve"

**We Want YOU to Join the Epping Lions Club**

<https://www.facebook.com/EppingsLionsClub>

[www.epping.nhlions.org](http://www.epping.nhlions.org)

Four Epping Lions Club members performed vision screenings in the Epping schools on Monday and Tuesday (10/22-10/23). We screened 681 students in grades K-8 and 10. The school nurses will be informing parents of the test results, if further action is required. Our club is here to assist any family that cannot afford exams, frames, lenses, etc.

Also, we donated over 500 pairs of glasses to our district coordinator, who sends them off to Lions Club International for recycling in third world countries. Not too shabby for a small town like Epping! Glasses are collected in several locations around town: Walmart, Checkers, JC Optical, etc.

Members will be selling our annual Gas Card Raffle tickets as of today. The drawing is December 28<sup>th</sup>, so these make great stocking stuffers for Christmas. Tickets cost \$5 each. One person will win a \$300 gas card, and three people will win \$50 gas cards. Ask a member today to purchase a ticket or two.

If you know someone who needs financial assistance for an eye exam, lenses, frames, etc., please put them in contact with a Lions Club member. We can be contacted thru our Facebook page: <https://www.facebook.com/EppingLionsClub>.

**Deb Brooks, President**

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

**Cheryl Denoncour, Treasurer**

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Colleen Palmer, Secretary**

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

## Epping Historical Society

As summer winds down, we realize all too soon, winter will be here! This time of year is extremely busy; first we celebrate Halloween, soon to be followed by an election. Thanksgiving follows with family and friends, and of course then comes Christmas, the most magical time of the year.

Our Farm to Table Luncheon was a HUGE success! We had guests from surrounding towns, making the conversation very interesting. We were able to reach our goal to raise the money to restore our Bi-Centennial quilt. A special thanks to several

private donations that put us over the top. This could not have happened but for Joe and Cheryl Denoncour. They opened up their home to all of us, making it a pleasant place to visit. They are such good cooks, if you ever have an opportunity to attend one of their fundraising events; you are in for a treat. A very special thank you to Joe and Cheryl!!! We are in the process of starting to clean the quilt; a case will be built with Plexiglas to cover the whole case. Then we will hang the case on the wall.

We had two young men visit us from Georgia this month. They made an appointment with us in July, planning to use vacation time to do research in Epping and Newmarket. Their Grandmother, in the past, had given many gifts to the Society, and their aunt gave us several items last year. They were pleased to see how we have preserved the items and are taking good care of them. They planned to visit the family cemetery before leaving town, even though it is located in the woods. Now that is dedication to research!

The Burley family in Epping has played a large part in our development as a town, leaving their mark on everything they became involved in. Sadly, the Burley family has sold all the property they owned, including their three houses. This was a family that saved everything: papers, pictures, maps, books and everything else. Belinda Burley Duprice, arrived two weeks ago, with a large box of treasures. Oh, what fun we have had sorting, and of course reading, lots of letters, old deeds etc. We have sorted the paperwork, and have placed the material in an archival box. Two of the most interesting pictures are of the rebuilding of the railroad bridge over the Lamprey River at the junction of 125 and 27. When the railroad bridge was first built, it was constructed of wood, but was replaced in 1890 with a steel structure. Harry Burley, who graduated from MIT, wrote his thesis on the rebuilding of the bridge. Harry went on in life to own the Wire and Cable Company that supplied cables for buildings all over the Country, including those for the Empire State Building. The remainder of the Burley collection is housed in the New Hampshire Historical Society.

As most of you are aware, I LOVE old cemeteries. Traipsing through old cemeteries has been a passion of mine for 50 years. My car automatically stops at all old cemeteries, no matter where I happen to be at the time. There is nothing that can compare to our "Old New England Cemeteries." These places contain the history of

the town where they are located. At the Folsom Mill Road Cemetery in West Epping, you will find the following gentleman at rest.

### **Theophilus Stevens**

Theophilus Stevens was born in 1730 in Salisbury, Mass. As a young man he left Salisbury for greener pastures and settled with his family in Epping. He was an industrious farmer and soon acquired land of his own, according him the opportunity to marry and have a family. He was only twenty years old when he married, and his wife was four years younger. They had three children; two of his children are buried beside their parents.

He enlisted in the New Hampshire Militia in April of 1776. At this time he was 46 years old, but defending his country was important. As a farmer he realized that living under British rule put all of the inhabitants of this town in peril. Farmers did not have money, and the King made many demands on the residents. He served in Captain Brown's Company under Col. Gilman's Regiment. He also was a signer of the Association Test, along with 213 other men from Epping. (There were 11 men from Epping who refused to sign.)

He died at the age of 87 years, living to a ripe old age. William Plumer, in his numerous writings, had this to say about Theophilus Stevens: "He hardly had a sick day in his life; was obstinate, opinionated, and independent and he read little. He was a Cornet in the Calvary, served as Selectman, and was a member of the Congregational Church. He considered that the singing of the new Psalm tunes at the Congregational Church was such a profanity that he would walk out of Church when they began. He remonstrated with the members against the practice and a Church meeting was held, where prejudice and railing at each other were more prevalent, than reason or candor. He did not attend services, tithe, or pay taxes for Church support. He attended the meetings of the Baptist Society. He was temperate in drink and diet, his industry and frugality built a fine estate. He died suddenly in his chair at home without a struggle or groan."

Two years ago his direct descendent, Fred Jackson from Texas, honored his Patriot ancestor with an impressive ceremony at the West Epping cemetery. The New Hampshire and the Texas Sons of the American Revolution representatives placed a Patriot marker on his gravesite.

Don't you just love the name: Theophilus?

Come visit us at the Society. We are open Monday morning, 8:00 to 12:00, or when the flag is flying! If this is not convenient for you, please call 679-2944 for an appointment or email me at: [joysgarden@hotmail.com](mailto:joysgarden@hotmail.com).

*Joy True, curator, Epping Historical Society*

## **Nature Talks**

### **A Talk with Brian Hall, Photo Contest Winner**



*Winning Photo: Camping in the Backyard*

When I was 12, I took a photography class at my local library and that really sparked my interest in taking pictures. When I started going on big outdoors adventures, my family wasn't typically able to join me, so I took photos that I could bring back to show them. I tend to take pictures in a way that conveys feeling more than just capturing the moment. So, when I saw the contest advertised on the board outside Town Hall, I thought it would be a good way to test the waters and see how good I might be. I really wanted to know if my family and friends were just being nice to me, or if people who didn't know me would enjoy the photos as well.

I submitted five of my pictures for the contest and as much as I really like the winning photo, my favorite submission was actually, "Horseback Riding in the Corn." I had just gotten a drone and enjoyed experimenting with its capabilities and finding new perspectives. The winning photo was a result of luck really. I had set up a tent to sleep outside if the mood struck, since I hadn't made it out camping much this summer. When I had returned home from work, and saw the mist over the fields, I ran up to the barn loft with my cellphone to snap this picture. I was so glad I could capture that moment and it's proved to be quite popular.

Conserving land is so important. Epping is a popular destination and I support expanding conserved lands. The trail maintenance day at John B. Folsom Conservation Area was fun and I know the mountain bikers had a great ride the day of the family event. I look forward to utilizing the Epping trails this winter and hope for more trails opening in the future. More events like the Family Bike Event or other outdoor activities, like bird watching or photography get-togethers would be fun too! It's a great way to network with like-minded people in the area as well as to share ideas and skills, like photography or mountain biking, across a variety of experience levels. I'm grateful to the Conservation Commission for the opportunity to share my photos with the Epping community.



*Brian Hall, Photographer  
Submitted by Sandy Goodspeed*

## The Civil War Roundtable of NH



*NH graves at Soldiers' Cemetery in Gettysburg  
(Photo by Bill Hallett)*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

### **This is the upcoming CWRT-NH schedule:**

We are currently booking 2019 meetings. If you know someone, or would like to offer a talk to our group, please email: [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**November 9, 2018** (note: 2nd Friday) – Clay Feeter – "Mowed Down at Manassas: The Life and Tragic Death of Col. Fletcher Webster & the 12<sup>th</sup> Massachusetts Infantry" (Fletcher Webster is a cousin of Clay Feeter's)

**December 2018** ~ no meeting

**January 18, 2019** – Michael Schroeder (CWRTNH President) - "Union Combined Operations: The Red River Campaign, 1864"

**February 15, 2019** – Elizabeth Hallett will host: "Civil War Jeopardy" (evening of trivia and prizes - just plain fun!)

**March 15, 2019** – Sarah Batterson (Professor - Granite State College) - "Women Soldiers of the American Civil War"

**April 12, 2019** – (note: this is 2nd Friday to avoid meeting on Good Friday) – Michael Schroeder (CWRTNH President) - "Wild Rose and Crazy Bet: Female Spies in Blue and Gray"

**May 17, 2019** – Gary Morgan (writer) - "Andersonville Raiders" (new book)

**June 14, 2019** – (note: this is 2nd Friday)~ Wayne Motts, (C.E.O. National Civil War Museum) - "Wearing Blue and Gray: Five Men Who Served Both Sides" (learn the unique story of five different men who actually fought on both sides during the American Civil War)



## Lamprey Rivers Advisory Committee 125th Anniversary of Wiswall Mill Fire, November 1, 1883

Over the last few centuries, the 49-mile Lamprey River was home to 100 mills. At just about every waterfall, people dammed the river and built a mill to saw wood, grind grain, or serve as a factory to make consumer goods. The massive textile mills of downtown Newmarket were the biggest on the Lamprey, but another big mill complex once stood at Wiswall Falls in Durham. The site today appears to be a quiet, wooded park mostly defined by the dam and fish ladder. This was not always the case.



image by Curt Mackail

The former industrial site housed several mills: saw mill, grist mill, paper mill and factory sheds. The paper mill was built in Newmarket and then transported by horses to Wiswall. It measured 80 x 30'. Every day the paper mill made a ton of undecorated wallpaper that would be transported to Boston to be printed.

On November 1, 1883, 125 years ago, the paper mill met its fiery end. The DVD, "Wiswall's Mill: A Short History" brings to life a part of history that was once common along the Lamprey and many other rivers in New Hampshire. Mills once defined people's life along many rivers, and in turn, the rivers often defined the life of mills. As is true with the Wiswall area, most of these mills no longer operate and have largely disappeared, but clues of their presence abound. Below are some recent photos of the Wiswall site.



remnants of the furnace      the former mill race

The video is available in two parts on YouTube. Part 1 can be found at <http://youtu.be/GXtzNdfWWHU> and Part 2 at [https://www.youtube.com/watch?v=LWGFBklyA6M&feature=BFa&list=ULLWGFBklyA6M&lf=mfu\\_in\\_order](https://www.youtube.com/watch?v=LWGFBklyA6M&feature=BFa&list=ULLWGFBklyA6M&lf=mfu_in_order).

## Lamprey Rivers Acoustic Bat Survey 2018

When the Lamprey River was designated as a state and federally protected river in the mid-1990s, several studies showed that varied habitats were supporting a rich community of species. Birds, fish, amphibians, and reptiles were carefully listed by species. Known rare species and habitats were given special attention. Mammals were listed and noted as abundant, common or occasional. A very short paragraph noted, "...numerous smaller mammals – shrews, moles, bats, and voles – occupy the river corridor."

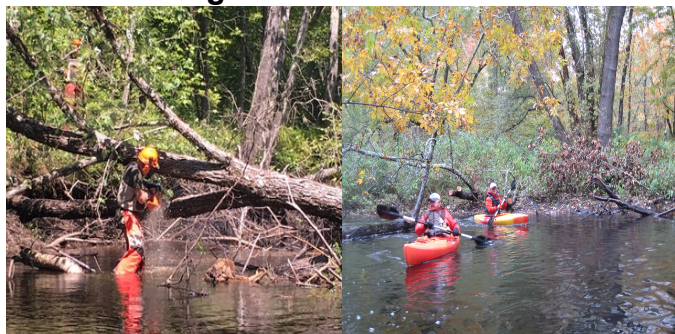
With the recognition that large numbers of bats are being killed by white nose syndrome and big wind mills, the need to study bats more closely has moved to the fore. Starting with essentially nothing from previous studies, we chose to get a baseline by determining which species were present. We chose seven sites in four towns (Epping, Lee, Nottingham, Raymond). Each site offered different habitat features. Researchers from Normandeau Associates installed ultrasonic acoustic detectors for two nights at each site. Special software provided initial identifications. Any identification that did not meet clear criteria for reliability was analyzed by an expert.

We were thrilled by the results. Of the eight species expected in New Hampshire, we were able to confirm the presence of seven species. The eighth species, northern long-eared bat, which is federally listed as endangered, could not be confirmed, but it also could not be ruled out at two sites. The study did not tell us how many bats of each species were present at each site;

determining that entails actual capture of bats and is highly labor-intensive.

For more information about this research, visit <https://www.lampreyriver.org/multimedia-research-bats-2018>.

## Canoe Passage Enhancements



*photo by Preston Samuel*

*photo by S Petersen*

For several years, the Lamprey Rivers Advisory Committee and the Lamprey River Watershed Association have been keeping track of downed trees in the section between Route 87 in Epping and Wadleigh Falls in Lee. These trees have become seemingly permanent fixtures blocking canoe passage. Paddlers must either turn back or portage up and down steep slopes covered by poison ivy. Paddlers often complain about these obstacles and have asked for our help.

Wood in rivers is a natural phenomenon and serves many ecological functions, such as providing food and cover for fish and turtles. We wanted to protect the values of the wood but minimize the obstacles. Working with experienced paddlers and Trout Unlimited, which has expertise creating habitat by putting trees *into* rivers, we created a plan to remove select portions of the downed trees and put the wood back into the river where it would continue to perform the ecological good but not interfere with human paddling. The New Hampshire Charitable Foundation saw the value of this pilot project and generously provided funding.

The work depended on typical summer base flow conditions of 100 cubic feet per second (CFS) of flow. Due to the plentiful rain this year, the project could not get underway until late August. Part of the plan included a guided public paddle, which was scheduled for October 13<sup>th</sup>. When the big day arrived, the river's flow was 315 CFS and the weather was cold and rainy. With safety foremost in mind, we modified the paddle from a

one-way trip from Epping to Lee to a round trip paddle beginning and ending in Lee.

During the event, and despite the weather, we had a nice trip and enjoyed some beautiful foliage. We successfully got past two treated obstacles, but the third was more challenging. The higher flow created a fast area where the water was constricted and branches were overhanging. At this point, we turned back.

Knowing exact paddling conditions is difficult until one is on the water, but we hope that our work will reduce the inconvenience and erosion problems caused by portaging. We hope to see you on the river next summer! Be safe!

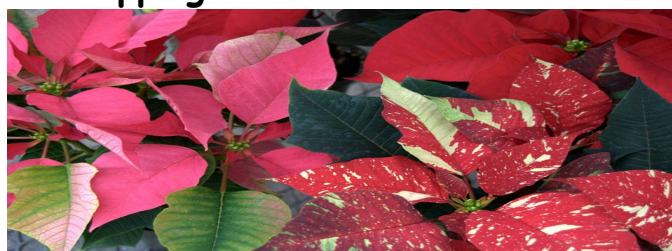


*Helping communities protect the  
Lamprey River.*

*Submitted by Suzanne Petersen*



## Epping Garden Club



### **The Epping Garden Club is holding their Annual Poinsettia Fundraiser.**

Once again we will offer gorgeous poinsettias, wreaths and this year, kissing balls for your businesses, churches, homes or as hostess gifts for the holiday season.

#### **Annual Epping Garden Club Poinsettia Fundraiser Poinsettias (Container Sizes)**

10" - \$28.00

8" - \$20.00

6" - \$10.00

(We have color choices too!)

#### **Wreaths (amazing)**

Plain - \$10.00

With bow - \$14.00

#### **Kissing Balls (new offer)**

Plain - \$25.00

Decorated - \$35.00

Make checks out to Epping Garden Club, mail to:

Epping Garden Club

9 Folsom Mill Lane

Epping NH 03042.



You can order your plants through us until **December 3<sup>rd</sup>**, leaving your phone number. Since the plants are tropical, they will be in the children's room at our Library on Main Street for pickup. Pickup times will be **Friday, December 7<sup>th</sup>** from 5:00 until 6:30 pm and **Saturday, December 8<sup>th</sup>** from 9:00 to 11:00 am. Please pick them up during the pickup times as we cannot care for them.

Churches, I will make a special run for those who need them for December 1<sup>st</sup>.

Have a Christmas wedding or anniversary or Holiday party? - call us. For more information, call 300-0064.

Thanks for your continued support!

Epping Garden Club



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday Nov. 5, 19; Dec. 3, 17 - 7 pm

Water & Sewer – Tuesday, Dec. 4 - 7 pm

Library –Tuesday, Nov. 20; Dec. 18. - 7 pm

Conservation Commission – Tuesday, Nov. 13; Dec. 11 - 7 pm

Parks & Recreation – Wednesday, Nov. 7 - 7 pm  
No December meeting

Budget Committee – Wednesday, Nov. 14, 28; Dec. 12, 19 - 7 pm

School Committee–Thurs., Nov. 1, 15; Dec. 6, 20 - 7 pm

Planning Board –Thurs, Nov. 8.; Dec. 13 - 6 pm

Civil War Round Table – Friday, Nov. 9 - 7:15 pm  
No December meeting

#### Monday meetings are rebroadcast:

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

#### Tuesday meetings are rebroadcast:

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

#### Wednesday meetings are rebroadcast:

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

#### Thursday meetings are rebroadcast:

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board, Channel 22 or the Town website for any changes or updates.

Please note the new website for ETV: [etv22.viebit.com](http://etv22.viebit.com). This is where you will find past meetings. You will also find live video streaming.

The ETV email remains the same: [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com).



## Scouting Around Epping

### Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

### Boy Scout Troop 136



*Epping Troop 136 Climbing Hike in May – Mr. Washington*



As the cold weather approaches Epping and it's time to bundle up, the Boy Scouts continue to have their monthly activities during these cold months.

With November comes the annual Scouting for Food. The Boy Scouts will be out on **November 3<sup>rd</sup>** in their neighborhoods, dropping off information on collecting food for those in need. They will pick up their food donations on **Saturday November 10<sup>th</sup>** in the morning and will be dropping off the food at the Epping Community Church for their food pantry.

The boys have also been very active in supporting End 68 Hours of Hunger in Epping, by raising money through a mile swim at camp, and they help collect and pack. They have been meeting at the location on Rt. 125 on a monthly basis to help feed the students of Epping.

Their activities for the upcoming months are as follows:

1. A hiking trip is to be scheduled some time in November, date and place TBD based on upcoming weather.

2. A Camp Carpenter service day event in Manchester on **December 8<sup>th</sup>** followed by hot pizza.

3. A Holiday Court of Honor is being held at the Epping Community Church on **December 9<sup>th</sup>**. The Scouts will be cooking a holiday dinner for families

*Submitted by Jennifer Sullivan.*



## **Epping Fire Department Winter Safety Tips For Epping**

Winter is coming sooner than we think, maybe even faster than many of us will acknowledge to. As winter approaches, I wanted to touch up on some safety items as we start to hibernate from the blustery cold and snow.

I know I mentioned it in my last column, and I will mention it again. Heating systems should be serviced and maintained on a yearly basis to insure proper function and operation which will save you all money in the long run. Chimneys should be cleaned as well. I recommend a professional for both, to get the job properly done. Always put your ashes from fireplaces and woodstoves in a metal container and discard them in a snow bank away from the house.

Soon there will be snow and I wanted to remind everyone to keep outside vents, walkways and driveways cleared from snow. Always have a

Carbon monoxide detector on each floor as the winter tends to pose more of a threat to this odorless and colorless killer. If you need to use a generator, Please keep it outside and the exhaust away from any windows or doors. A generator can produce a lethal dose of Carbon Monoxide in just seconds if inside or close to the buildings.

The best time to check your smoke and Carbon monoxide detectors is monthly, and when we turn the clocks back, which will be on **November 4<sup>th</sup>**. You should also change your batteries in your detectors during daylight savings time. Newer detectors have a 10-year replacement battery, however you should still test it every month and change out any detector that is over 10 years old. Newer homes should be hard wired with a battery backup. You can call the station if you need help or have questions on any detectors.

As we start to celebrate the upcoming holidays, I want everyone to enjoy it on a safe level with their families and friends. Thanksgiving is a big day for this and The Epping Fire Department would like to remind people that 49 percent of all house fires are started by cooking. (NFPA statistics). If you plan to deep fry anything such as a turkey or goose, then it should be outside away from any building (not in your garage or shed!).

Christmas trees are a great way to celebrate the holidays and live trees should be watered daily. Whether you use a fake or real tree, please use UL listed lights and 3-prong extension cords if possible. Make sure to use a power supply strip so you don't overload your electrical circuits. If you celebrate other Great holidays with candles, please be alert to where you burn them and never leave unattended for any length of time. Replace any old frayed cords and lights.

Speaking of the Holidays, You can see the jolly old guy and get some candy after Thanksgiving. There will be a Toy drive at Walmart on **November 24<sup>th</sup> and 25<sup>th</sup>**. The Department pairs up with the Brentwood Fire Department to collect toys for both towns for unfortunate families. If you would like to donate an unwrapped toy, please stop by.

Santa will visit Epping neighborhoods with the help of the Epping Fire Department on **December 22<sup>nd</sup>**, starting at 3:00 pm.

As winter starts to dump snow to the region, I want everyone to drive safely and if you have a fire hydrant close by, keep it shoveled out. This will save seconds on our response in the event of a fire. Epping Firefighters work hard after every storm

to keep the hydrants cleared and with your help we can all be fire safe.

Epping Fire Department would like everyone to have a great Holiday season and always know we are here for you 24 hours a day, 365 days a year.

Happy Holidays and Happy New Year!!.

*Lieutenant Paul St Cyr*

*Fire Prevention Officer and 9-11 Liaison.*

## Burn Permits

Burn Permits are required for **all outside burning**. Permits will be issued at the fire station seven days a week, 6:00 am-6:00 pm. Permits **Will Not** be issued when fire danger is class 3 or above.

If you have any questions contact the Fire Department at 679-5446.

For Daily Fire Danger and an explanation of the different danger levels, follow the link <http://www.nhdfi.org/fire-control-and-law-enforcement/daily-fire-danger.aspx>.

## Epping Explorer Posts

### Fire Department Explorer Post 136

The Fire Department Explorer Post 136 welcomed 4 new members during October. We are open to youth 14 years of age to 20 years of age from Epping and surrounding communities. The Explorers meet on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> (in months that have a 5<sup>th</sup>) Tuesdays at the Epping Fire and Rescue Department from 6:30 to 8:00 pm. On Halloween the Fire and Rescue Department will hold our annual "Spooktacular" at the Safety Complex and the Explorers will be helping. On **November 17<sup>th</sup>** from 10:00 am to 3:00 pm the Explorer Post will host our annual Red Cross blood drive. We will have coffee and donuts as well as pizza from local restaurants. Appointments may be made by calling the Red Cross at 800-733-2767. Walk-ins are welcome. **November 24<sup>th</sup> and 25<sup>th</sup>** the Fire and Rescue with the assistance of the Explorers will hold our annual Stuff the Bus toy collection at the Walmart Supercenter on Fresh River Road. We will be there from 9:00 am to 4:00 pm. We accept new unwrapped toys that will be distributed to Epping and Brentwood children. We wish everyone a Happy Thanksgiving and a Merry Christmas.

### Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law

enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

## American Legion News

### Children's Christmas Party in Epping

The Ladies Auxiliary of the American Legion Post 51 in Epping is hosting a Children's Christmas Party on **Saturday, December 15<sup>th</sup>**, from 1:00 to 3:00 pm. It is open to Epping children and the children/grandchildren of the members of Post 51. The eligible ages are 0-10 years old. We hear that Santa will be making a special visit! To make sure that Santa has a gift for all the kids, please make sure all eligible children are signed up before the deadline date of **December 9<sup>th</sup>**. Prior sign up is required. No calls after that date will be accepted. Please call Linda at 944-5429 or Janet at 944-3288 and let us know your name, your children's ages, and boy or girl. Again, the deadline date for signing up is **Sunday, December 9<sup>th</sup>**. We will have some crafts to do while we wait for Santa to arrive and there will be light snacks, juice and water. It will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant).

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, November 11<sup>th</sup>** and **Sunday, December 9<sup>th</sup>** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free - worth every penny!

## Epping Community Church

Once again the McPhee and Weaver families and their crew put on a fabulous fish fry for the October dinner. They always do a fantastic job and we are very grateful to all of them.

We will be very busy for the next couple of months at the church in preparation for the upcoming holidays.

Our 3<sup>rd</sup> Saturday dinner will be on **November 17<sup>th</sup>** from 5:00-6:30 p.m.. This will be a turkey dinner with all the fixings, including various homemade pies for dessert. The dinner is \$10.00 for adults and \$4.00 for kids and can be eaten in or packaged so you can enjoy it at home.

We have once again been asked to join in the Thanksgiving Eve service at the Danville Union Church. Our bell choir will be part of the service. It is at 7:00 pm on **Wednesday November 21<sup>st</sup>**. This is a beautiful historical church and all are invited.

Once again this year we will be providing a **free Thanksgiving Day dinner** at the church from 11:00 am to 1:00 pm. Anyone that would like to come and enjoy a wonderful Thanksgiving meal is welcome. Kevin Murphy heads up this fabulous meal with lots of volunteers. We also can deliver a meal to anyone in need. Just call the church at 679-5542 and make a request. If you would like to come and get a meal to take home we can do that too.

Our Christmas Eve candlelight service is at 7:00 pm. This is a beautiful service upstairs in our sanctuary with music and a Christmas message. There will be a time of fellowship at 6:00 pm prior to the service downstairs in Fellowship Hall. We are handicapped accessible by the side entrance and the elevator is located to the left when you enter. We would love to see you all.

Our Food Pantry is open on Saturday from 8-10 am. Entry is through the side door off the driveway. Our Soup of the Day Café is every Thursday from 11-12:30. This is a free lunch, open to all in the community. We have gently used warm winter outerwear available for anyone in need. These are available on Thursday or Saturday.

A new event during the holidays this year is entitled "Come to the Cabaret!" Join us for this gala evening on **Saturday, December 8<sup>th</sup>** at 6:30 pm.

### **Come To The Cabaret!!**

Where do fine dining and beautiful Christmas music come together? Why at the Christmas Cabaret, of course! Pastor Paul Leonard announces A Christmas Cabaret of great joy will be held at the Epping Community Church, **Saturday, December 8<sup>th</sup>**, at 6:30 pm.

A six course gourmet meal, prepared by Elisabeth Gustavson, will include bacon wrapped

water chestnuts, artichoke dip, hot spiced cider, squash/apple soup with rolls, tossed salad with homemade vinaigrette dressing, lemon sorbet to cleanse the pallet, pork tenderloin with cranberry/orange glaze, parmesan Duchess potatoes, green beans almonidine, maple glazed carrots, vanilla bean crème brulee, coffee, tea, and flavored water.

In between these magnificent courses, beautiful Christmas music, both sacred and secular, will be directed by Elaine Gatchell and will be performed by wonderful area musicians. A Chorale of 20 singers will be performing major choral works including Handel's Hallelujah Chorus. The Grace Notes will be performing their magic as will a Christmas Quartet. Soloists will be performing Winter Wonderland, Sleigh Ride, O Holy Night, White Christmas, and Have Yourself a Merry Little Christmas.

Join us for this gala evening at the Epping Community Church located at the Center of the Center of the Universe, 4 Pleasant St., in downtown Epping, NH.

Tickets are \$30 and may be purchased **online only** at [www.eppingcommunityCHURCH.org](http://www.eppingcommunityCHURCH.org).

## **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

### **Mass schedule weekdays:**

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am

**Wed.** 7:00 pm

### **Mass schedule weekends:**

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

### **November**

**Nov. 5<sup>th</sup> 19<sup>th</sup> 26<sup>th</sup>** – Adoration Monday – Noon-9 pm

**Nov. 9<sup>th</sup> 16<sup>th</sup> 23<sup>rd</sup> 30<sup>th</sup>** – Adoration Friday 8 am-7 pm

**Nov. 2<sup>nd</sup>** – First Friday Adoration – 8:00 am to midnight

**Nov. 3<sup>rd</sup>** – First Saturday Adoration – midnight to 7:45 am

**Tuesdays** – Men's Group – 6-7 am

**1<sup>st</sup> and 3<sup>rd</sup> Wednesdays** – Women of Faith – 1 pm

**Saturdays** – Women's Scripture study – 9 am

**Nov. 22<sup>nd</sup>** – Thanksgiving Mass – 9 am



## December

**Dec. 3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup>** – Adoration Monday– Noon -9 pm

**Dec. 7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> 28<sup>th</sup>**– Adoration Friday 8 am 7 pm

**Tuesdays** – Men's Group – 6-7 am

**1<sup>st</sup> and 3<sup>rd</sup> Wednesdays** – Women of Faith – 1 pm

**Saturdays** – Women's Scripture study – 9 am

**Christmas Eve Masses** – Monday, Dec. 24<sup>th</sup> –  
4 pm, 7 pm, 10 pm

**Christmas Day Mass** – 10 am

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information

## Epping Bible Church

Epping Bible Church invites you to join them throughout the week at 243 Pleasant Street in Epping.

Our Sunday mornings begin with a full, free breakfast from 8:00 to 9:15 am, followed by Bible Emphasis Groups (Sunday School) for all ages at 9:15 am. The Gathering, a time for announcements and to share, is at 10:05 am followed by morning service at 10:45 am. Evening services are the last Sunday of the month and begin at 5:00 pm.

Families are welcome. The Bible Emphasis Groups feature classes for all ages, from 2 year olds all the way to adults.

A free nursery for children – infants through four years – is provided during the morning services. Children ages four through third grade are invited to Junior Church during the morning service after praise and worship time.

The Awana program for children age 3 through sixth grade began again in September. The weekly Friday night meetings help children learn about God's Word. For details, please contact Dora Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

Epping Bible Church is located at 243 Pleasant Street. If you have any questions, please contact Pastor Ron Townsend at 247-0405 or at [PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at [www.eppingbible.org](http://www.eppingbible.org).

## Providence Baptist Church

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

Weekly Schedule

Sunday Morning Service at 10:30 am

Wednesday Food Pantry begins at 10:00 am (for first time visitors, please have your photo ID and proof of residency with you)

Wednesday Time of Devotion and Prayer begins at 6:30 pm

(Check schedule for dinner nights!)

For small groups and other events, please check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## West Epping Quaker Meeting House

The West Epping Meeting grew out of the Seabrook Quarterly Meeting in the middle of the 18<sup>th</sup> century. Records show that Joshua Folsom was a recorded minister among Friends in the community in 1772 – though he may have commenced his activities even earlier. The present Meeting House was built in 1851. The surrounding tall pines, dating from this period, have been a distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at 10 am every first and third Sunday of the month. We welcome visitors to our meetings to join with us.



## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sunday – 12 noon - 4**

**Closed: November 11<sup>th</sup>, 12<sup>th</sup> – Veterans' Day**

**November 22<sup>nd</sup> – Thanksgiving**

**December 24<sup>th</sup>, 25<sup>th</sup> – Christmas**

## Upcoming Events at the Library

**Story time** continues on Friday mornings from 11:15 – 11:45 am, with a new story and craft each week!

### November 1: Rock Painting – 4-7 pm

Drop in for a rock-painting event – all ages welcome! Paint a rock to keep, give away or hide

around town for Epping Rocks. We'll have the painting supplies ready – bring a few favorite rocks to transform!

#### **November 5: Digging into Native History of New Hampshire – 6:30 pm**

Abenaki history has been reduced to near-invisibility as a result of conquest, a conquering culture that placed little value on the Indian experience, and a strategy of self-preservation that required many Abenaki to go “underground,” concealing their true identities for generations to avoid discrimination and persecution. Presenter Dr. Robert Goodby is a professor of Anthropology at Franklin Pierce University in Rindge. He holds a Ph.D. in anthropology from Brown University and has spent the last thirty years studying Native American Archaeological sites in New England. He is a past president of the NH Archaeological Society, a former Trustee of the Mount Kearsarge Indian Museum in Warner, and served on the New Hampshire Commission on Native American Affairs. In 2010, he directed the excavations of four 12,000 year-old Paleoindian dwelling sites in the Tenant Swamp site in Keene. This program was funded in part by a grant from New Hampshire Humanities.

#### **November 10: Paws to Read–10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, in order to build confidence and have fun reading in the company of a black therapy dog that doesn't judge. Registration in advance is recommended.

#### **November 13, 27: Children's Yoga – 4 pm**

Our Children's Yoga series continues, taught by Kripalu Yoga Teacher, Leah Pacione! This program is a great way to introduce kids to yoga, or allow them to continue a healthy habit. Each session is a bit different than the last, tailored to the interests of participants and sometimes taking on playful themes. Just show up in comfortable clothes, ready to stretch and have fun!

#### **November 15: Great Gardens – 7 pm**

Join us for another informative program by gardening expert Patty Laughlin, head gardener and manager of Epping's Lorax Landscaping

#### **November 20: Dusty Olde Mystery Book Group – 7 pm**

The Dusty Olde Mystery Book Group meets to discuss “*An Expert in Murder*” by Nicola Upson.

#### **November 27: Contemporary Book Group–7 pm**

#### **December 6: Rock Painting – 4-7 pm**

Drop in for a rock-painting event – all ages welcome! Paint a rock to keep, give away or hide around town for Epping Rocks. We'll have the painting supplies ready – bring a few favorite rocks to transform!

#### **December 7: Holiday Party with Diane Kordas – 6 pm**

#### **December 8: Paws to Read–10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, in order to build confidence and have fun reading in the company of a black therapy dog that doesn't judge. Registration in advance is recommended.

#### **December 18: Dusty Olde Mystery Group Cookie Swap – 7 pm**

#### **December 27: A Whale of a Tale – 11 am**

Seacoast Science Center has the largest collection of marine mammal skeletons in northern New England! In this program, students will learn about the anatomy, migratory routes and behavioral patterns of marine mammals. Using real seal and dolphin bones, students will “reconstruct” skeletons and learn about the species' form and function. Fantastic images and hands-on activities make this program unforgettable.

### **Epping Parks & Recreation**

*Home of the “River Otters”*

Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 679-3006

or email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

Address:

17 Academy Street

Epping, NH 03042

Mailing address:

157 Main Street

Epping, NH 03042

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or call Watson Academy: 679-3006 or Program Cell Phone: 608-9016 or 608-9076.

For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

## **Preschool Programs**

### **Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

## **Youth Programs**

### **Before & After School Program**

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-5. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school

dismissal until 5:45 pm. Children are grouped by grades.

If your child would like to participate in the school offered programs after school or extra work with a teacher, we do have staff available to pick up the kids at the designated school dismissal areas at the close of these programs. We ask that parents notify us, if their child will be attending one of the school programs and if they will be picking them up from these programs so we can coordinate the pick up schedule daily.

We require registration in December for the Spring! We offer No School Day, Parent/ Teacher Workshop and Vacation Week full day programs, which will have their own registration forms! Please check one month in advance of any No School Days on the school calendar or call us at 679-3006, if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times. Our Before and After School Programs run on the last day of school, but are then closed until the start of our scheduled Summer Camp programming.

## **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

### **Karate Classes**

Mondays and Thursdays (EMS Gym) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 661-6635 or email her at [diannadenapoli@gmail.com](mailto:diannadenapoli@gmail.com).

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

### **Youth Ceramics Class**

1<sup>st</sup> Session: November 9<sup>th</sup>, 16<sup>th</sup>, 30<sup>th</sup>

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session (1 piece/day)

## **8<sup>th</sup> – 9<sup>th</sup> Grade CIT program**

The program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor-In-Training. School year and summer positions are available and it's FREE! For an application, please contact the Rec. Dept.

Both the Application and two Reference Forms need to be returned to the Recreation Director at Town Hall, 157 Main Street, for review. Without



references (non-related), applications will not be accepted. CIT positions are limited! We will call all applicants in for an initial interview with the Recreation Director and Program Director. The CIT program is not a full summer, full week program. Each CIT will be given a schedule of days and hours they will be assigned to complete their volunteer time with us. CIT's will ASSIST staff in running programs for kids, preparing materials for programs, helping with general clean up after programs and being role models for children participating in programs. Most CIT hours are completed on school grounds (no field trip hours). If a CIT shows exemplary skills in assisting children during on-grounds programs, we may contact those parents to arrange for field trip volunteer hours.

## **Adult Programs**

**Please check our Facebook page for updates, including cancellations on all programs.**

### **Adult Basketball**

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up co-ed basketball in the Epping Middle School Gym on Sunday nights.

Day / Time: Sunday – 7:00 – 9:00 pm

Location: EMS Gym (Use EHS entrance)

Cost: \$3 per night – Please bring exact change.

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. You will not be allowed to play if we do not have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

### **Adult Ceramics Class**

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy (Upstairs Blue classroom)

## **The Porch**

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers  
Running a children's after-school program  
Giving financially to families who are in need  
Providing free family counseling  
Organizing various programs for teenagers to service others

## **Kids Club**

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

## **Teen Central**

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes until 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

# **Families First**

*support for families...health care for all*

**Epping Family Morning Out:** *Fridays – Oct. 19, 26, Nov. 2, 16, 3, Dec. 7, 14 - 9:30-11 am.* For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories, snack and first friendships. With Patricia Keck. This group meets most Friday mornings during the school year. Meets at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

**Exeter Family Morning Out** *Thursdays - 9:30-11 am.* For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive

play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Pre-registration not needed.

For other programs, please see our event calendar.

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for childcare**; please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.



### School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: [etv22.viebit.com](http://etv22.viebit.com).

**November 1<sup>st</sup> and 15<sup>th</sup>**  
**December 6<sup>th</sup> and 20<sup>th</sup>**

## Epping Elementary School (EES)

### EES School Calendar

#### **NOVEMBER**

**Nov. 5** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Nov. 6** – **NO SCHOOL** – Professional Development Day and Parent Conferences

**Nov. 7-20** – Student Council Food Drive

**Nov. 7,8,9** – Veterans Friendly Lunch Days

**Nov. 12** – **NO SCHOOL** – **VETERANS DAY**

**Nov. 21-23** – **NO SCHOOL** – **THANKSGIVING**

#### **RECESS**

#### **DECEMBER**

**Dec. 3** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Dec. 4** – Chorus performing at Rockingham Nursing Home after school

**Dec. 11** – Winter Concert for Grades 1, 2 and 3

in EMS Gym – 6:30 pm

**Dec. 12** – Winter Concert for Grades 4, 5 Band and Chorus in EMS Gym – 6:30 pm

**Dec. 24-Jan. 1** – **NO SCHOOL** – **HOLIDAY RECESS**

**EES Elections were held and the following students elected:**

#### **National Elementary Honor Society**

President	Maela Baker
Vice President	Ava Finkelstein
Secretary	Avery O'Neill
Treasurer	Seth Noble

#### **Student Council**

Crew Leader EES Store	Brody Hannon
Asst Crew Leader EES Store	Rachel Mazzone
Crew Leader EES Night at the Movies	Hannah Marshall
Asst Crew Leader EES Night at the Movies	Reilly Clark
Crew Leader EES Spirit Week	Haley Marden
Asst Crew Leader EES Spirit Week	Jonah Katz

### An Invitation to Epping's Veterans From Epping Elementary School Lunch with a Veteran Program

Choose one day:

Monday, November 7<sup>th</sup>

Wednesday, November 8<sup>th</sup>

Thursday, November 9<sup>th</sup>

Epping Elementary School would like to say "Thank you!" to veterans by inviting you to a free lunch at our school during Veterans Day week. This is a very informal event with veterans seated at the tables with students. Any veteran who attends will be recognized and introduced to all the students and thanked for his or her service.

Lunch times are:

11:20 to 11:45 for grades 4 & 5

11:50 to 12:15 for grades 2 & 3

12:20 to 12:45 for kindergarten

12:25 to 12:50 for grade 1

You don't have to have children, grandchildren or other relatives currently attending Epping Elementary School. If you are a veteran, you are invited.

If you plan to attend, please call the school at 679-8018 or send in a note with a student relative or by mail, telling us what lunch you plan to attend. Please note that school is closed on November 12<sup>th</sup>.

Thank you for your service to our country.

Justin Benna  
Principal

## **Epping Middle School (EMS) EMS Competency Based Education Parent Information Night**

October 16<sup>th</sup> at 6:30 pm in the Lura Dodge Cafeteria was the first of our information nights for parents to learn more about Competency Based Education. We were thrilled to host 19 parents and learn more about their concerns, worries and questions. Our presentation with Krista Gulick CIA Coach, Susan Gualtieri, EMS Assistant Principal, Jessica Bouchard, Math 6/CIT, along with Val McKenney, ESD Superintendent, answered parent concerns. We gathered more information about what our next steps will be to continue to communicate with and support our families through this transition.

## **Second Annual Veterans' Day Assembly**

Last year, we began this tradition with a small flag raising ceremony using a flag gifted to me from my daughter's recruiter (USMC) who was deployed to Afghanistan and a Wall of Honor displaying photos of our staff and students' friends and family members who are active duty and veterans. This year, our assembly is in the process of planning an implementation by our students in each grade level taking a part of the ceremony. More details will be coming soon! Our students really enjoyed having this opportunity to think about and honor our men and women who have served.

## **October Field Trips**

On October 4<sup>th</sup>, our eighth graders traveled to UNH for an amazing day of learning about college life. The value of this opportunity is all about giving students a chance to observe college life and begin to visualize themselves as college students in the future! Walking the campus, listening to presentations from students, learning about the importance of making the most of their years as middle and high school students and thinking about

the future was such a valuable opportunity for our kids!



From October 9<sup>th</sup> to 12<sup>th</sup>, our seventh graders traveled to Acton, MA to participate in the Nature's Classroom Program! Team building, environmental sciences, enjoying nature and being together to galvanize their relationships as a team working together, was the focus of the very busy and organized trip. The 14 students who stayed back were engaged and learning, too! Special and aligned activities for these students were facilitated by teachers taking turns to stay back and be connected with these students.



On October 12<sup>th</sup>, sixth graders traveled to Camp Lincoln for a fun-filled day of adventure and team building activities! Working together to solve problems and communicate effectively with one another to get a job done was the focus of the day! Staff and students, along with our guidance counselor, Nick DeGruttola, supported students and learned more about how each student responded to challenges!





## Epping Calendar of Events for November 2018

November 1	Rock Painting at the Library – 4-7 pm
November 1	Epping School Board meeting in Epping Town Hall – 7 pm
November 1	Friends of the Library at the Library – 7 pm
November 3	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 4	EES Chorus Concert at Rockingham County Nursing Home
<b>November 4</b>	<b>DAYLIGHT SAVINGS TIME ENDS – “Fall Back” Turn clocks back</b>
November 5	“Digging Into Native History of NH” – Dr. Robert Goodby at the Library – 6:30 pm
November 5	EES PTO meeting – 7 pm
<b>November 6</b>	<b>ELECTION – VOTE!!! 8 am to 7 pm in EMS Gym</b>
<b>November 6</b>	<b>Parent Teacher Conferences – NO SCHOOL</b>
November 7-20	EES Student Council Food Drive
November 7	Providence Baptist Church Food Pantry – 10 am
November 7, 8, 9	EES Veterans Friendly Lunch Days
November 8	Epping Watson Academy Seniors – 1 pm
November 9	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
November 9, 16, 30	Youth Ceramic Classes at Watson Academy – 4:30-5:30 pm
November 10	Paws to Read at the Library – 10:30 am-12:30 pm
November 10	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 10	EHS Athletic Boosters Holiday Craft Fair in EMS Gym – 9 am-3 pm
November 10	Pick up Food donations for Scouting for Food
November 11	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
<b>November 11</b>	<b>VETERANS DAY – Library closed</b>
<b>November 12</b>	<b>VETERANS DAY – NO SCHOOL Town Hall and Library closed</b>
November 13, 27	Children’s Yoga at the Library – 4 pm
November 14	Providence Baptist Church Food Pantry – 10 am
November 15	Great Gardens at the Library – 7 pm
November 15	Epping School Board meeting in Epping Town Hall – 7 pm
November 17	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 17	Epping Community Church Dinner – “Roast Turkey Dinner” – 5:00-6:30 pm
November 17	Fire Explorers Red Cross Blood Drive at the Safety Complex – 10:00 am-3:00 pm
November 20	Library Board of Trustees – 7 pm
November 20	Dusty Olde Mystery Book Group at the Library – 7 pm
November 21	Thanksgiving Eve Bell Choir Service at Danville Union Church – 7 pm
November 21	Providence Baptist Church Food Pantry – 10 am
<b>November 21-23</b>	<b>NO SCHOOL – THANKSGIVING Recess</b>
<b>November 22-23</b>	<b>Town Hall Closed - THANKSGIVING</b>
<b>November 22</b>	<b>Library closed - THANKSGIVING</b>
November 22	Free Thanksgiving dinner at Epping Community Church – 11 am-1 pm
November 24	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
November 24, 25	Firemen’s Association Stuff the Bus Toy Drive at Walmart
November 25	Town Tree Lighting – 3:30-5:00 pm
November 27	Contemporary Book Group at the Library – 7 pm
November 27	Epping Lions Club meeting at the Library – 6:30 pm
November 28	Providence Baptist Church Food Pantry – 10 am
November 30-Dec. 9	“A Christmas Carol” at the Epping Playhouse, 38c Ladd’s Lane, Epping

## Epping Calendar of Events for December 2018

Date	Event
December 1	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 3	EES PTO meeting – 7 pm
December 3	Last day to order plants from the Garden Club Poinsettia Fundraiser
December 4	EES Chorus Concert at Rockingham County Nursing Home
December 5	Providence Baptist Church Food Pantry – 10 am
December 6	Epping School Board meeting in Epping Town Hall – 7 pm
December 6	Friends of the Library at the Library – 7 pm
December 6	Rock Painting at the Library – 4-7 pm
December 7	Holiday Party with Diane Kordas at the Library – 6 pm
December 7, 8	Pickup Garden Club plants at the Library
December 8	Boy Scouts Service Day Event at Camp Carpenter
December 8	Epping Community Church Christmas Cabaret – 6:30 pm
December 8	Paws to Read at the Library – 10:30 am-12:30 pm
December 8	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
Nov.30-December 9	“A Christmas Carol” at the Epping Playhouse, 38c Ladd’s Lane, Epping
December 9	Boy Scout Court of Honor at Epping Community Church
December 9	Signup Deadline for American Legion Ladies Auxiliary Children’s Christmas Party
December 9	American Legion Post 51 Sunday breakfast – 8-11 am
December 11	EES Winter Concert Grades 1, 2, 3 in EMS Gym – 6:30 pm
December 12	EES Winter Concert Grades 4 and 5 Band and Chorus in EMS Gym – 6:30 pm
December 12	Providence Baptist Church Food Pantry – 10 am
December 13	Epping Watson Academy Seniors – 1 pm
December 15	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 15	American Legion Ladies Auxiliary Children’s Christmas Party
December 18	Library Board of Trustees Meeting – 7 pm
December 18	Dusty Olde Mystery Book Group Cookie Swap at the Library – 7 pm
December 18	EMS/EHS Winter Concert – 6:30 pm
December 19	Providence Baptist Church Food Pantry – 10 am
December 20	Epping School Board meeting in Epping Town Hall – 7 pm
<b>December 21</b>	<b>DEADLINE DATE for the January-February issue of the Newsletter</b>
December 22	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
December 22	Santa on the Fire Truck – starts at 3 pm
<b>December 24-Jan.1</b>	<b>NO SCHOOL – HOLIDAY Recess</b>
<b>December 24,25</b>	<b>Library closed for CHRISTMAS</b>
<b>December 25</b>	<b>Town Hall closed for CHRISTMAS</b>
December 26	Providence Baptist Church Food Pantry – 10 am
December 27	Epping Lions Club meeting at the Library – 6:30 pm
December 27	“Whale of a Tale” at the Library
December 29	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
<b>January 1</b>	<b>Town Hall, Library closed for NEW YEAR’S DAY</b>
<b>January 2</b>	<b>School Resumes</b>

If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **December 21, 2018**. Please include the date, event name, location and time.